



Mary O'Malley speaks at international conferences, local churches, universities, health organizations and business groups. Her on-line Events Calendar provides a current listing of upcoming activities. www.maryomalley.com/events.htm.

Mary welcomes speaking and book-signing invitations as well as radio and television interview and magazine article requests. A Press Kit is posted on her website under About Mary.

“To cultivate the art of being present for life is one of the most healing things a human being can do. For here is a doorway...to a deep safety, a wellspring of creativity, the healing balm of compassion and the joy of communion with the whole that we are.” — From *Belonging to Life: The Journey of Awakening*

Contact Mary O'Malley at awaken@maryomalley.com or 425-889 5937 to request an interview or book-signing.



Appearances

- Association for Global New Thought Conference, Palm Springs, CA
- Spirit, Health & Living Symposium
- Bastyr University, Bothell, WA
- Accomplishment Coaching, San Diego, CA
- Circle Yoga, Washington, DC
- Women's Business Exchange, Bellevue, WA
- American Business Women's Association, King/South Snohomish County Chapter, WA
- Women of Wisdom Conference, Seattle, WA
- Unity Western Region Retreat
- Unity Churches in WA, OR and CA
- University of Washington Women's Center
- The Inside Edge, Irvine, CA
- The Bodhi Tree Bookstore, Los Angeles, CA
- The Center for Yoga, Los Angeles, CA
- Evergreen Hospital Health Education Center, WA
- Premera Blue Cross, Lynnwood, WA
- City of Redmond, WA
- Barnes & Noble Bookstores, WA
- East West Bookshop, Seattle, WA

Local and National Radio & TV

- The Gary Null Show, Oct 5/04
- WABJ, John Sebastian Show, Oct 7/04
- www.valderbeebeshow.com, For Your Reading Pleasure, Valder Beebe, Oct 21/04
- Positive Choice Talk Radio, Kevin McDonald, Oct 26/04
- WRPI, In The Spirit, Gary Goldberg, Nov 4/04 .
- KMSR, Teena Show, Teisha Hood, Nov 8/04
- KMHL, Liz Gunderson, Nov 10/04
- Be the Star you Are, Cynthia Brian, Nov 10/04
- WVXU/NPR, "FIT" Show, Julie Isphording, Nov 22/04
- www.valderbeebeshow.com, For Your Reading Pleasure, Valder Beebe, Nov 29/04
- VoiceAmerica, Positive Living, Patricia Raskin Dec 6/04
- KPFK FM, Overeating and Indulging, Lisa Gar, Dec 9/04
- KTKK, InterView & InnerAction, Linda Strasburg, Dec 11/04
- KPFK/NPR, Inner Vision Show, Nita Vallens, Dec 28/04
- KKNW, Change For Good, Bobbie Baxter, April 1/05
- KKNW, Conscious Talk Radio, May 18/05
- MIBOSO Radio, The Many Faces of Coaching, May 18/05
- WSRadio.com, The Coaching Show, Sep 7/05

Mary has also spoken on "The Power of Breath" on local TV.

Mary's books have been reviewed by...

Body and Soul Magazine, *One Spirit Book of the Month* and *Dragonfly Media* (Seattle, San Francisco, Los Angeles, Chicago & Vancouver).

Articles have been published in:

- "The Rapture of Being Alive," *The New Times* (now *Seattle Conscious Choice*, Dragonfly Media) June, 1999
- "Unconditioned Consciousness and the Power of Now: A Dialogue between Eckhart Tolle and Mary O'Malley," *The New Times* (now **Seattle Conscious Choice**, Dragonfly Media) November, 1999.
- "Healing From Our Compulsions: Learning to Kiss Our Frogs," *New Living Magazine*, February, 2005
- "Trust Yourself," *New Spirit Journal* – Front page, June, 2005