



awakening

with Mary O'Malley

Mary O'Malley speaks at international conferences, local churches, universities, health organizations and business groups. Her on-line Events Calendar provides a current listing of upcoming activities. www.maryomalley.com/calendar.htm.

Mary welcomes speaking and book-signing invitations as well as radio and television interview requests. A Press Kit is posted at www.maryomalley.com/presskit.htm

"To cultivate the art of being present for life is one of the most healing things a human being can do. For *here* is a doorway...to a deep safety, a wellspring of creativity, the healing balm of compassion and the joy of communion with the whole that we are."

— From *Belonging to Life: The Journey of Awakening*



Appearances

- Speaking tour in Denmark, 2011
- Workshop co-facilitated with Neale Donald Walsch, Hawaii, 2010
- The Yoga Center, Washington, DC
- New York, NY
- Association for Global New Thought Conference, *Palm Springs, CA*
- Spirit, Health & Living Symposium *Bastyr University, Bothell, WA*
- Women's Business Exchange, *Bellevue, WA*
- American Business Women's Association, *King/South Snohomish County Chapter, WA*
- Women of Wisdom Conference, *Seattle, WA*
- Unity Western Region Retreat, *Washington*
- Unity Churches *in WA, OR and CA*
- University of Washington Women's Center
- The Inside Edge, *Irvine, CA*
- The Bodhi Tree Bookstore, *Los Angeles, CA*
- The Center for Yoga, *Los Angeles, CA*
- Evergreen Hosp Health Ed Ctr, *Kirkland, WA*
- Premera Blue Cross, *Lynnwood, WA*
- East West Bookshop, *Seattle, WA*

Local and National Radio & TV

- *The Gary Null Show*, Oct 5/04
- WABJ, *John Sebastian Show*, Oct 7/04
- *For Your Reading Pleasure*, Valder Beebe, Oct 21/04
- Positive Choice Talk Radio, Kevin McDonald, Oct 26/04
- WRPI, *In The Spirit*, Gary Goldberg, Nov 4/04 .
- KMSR, *Teena Show*, Teisha Hood, Nov 8/04
- KMHL, Liz Gunderson, Nov 10/04
- *Be the Star you Are*, Cynthia Brian, Nov 10/04
- WVVU/NPR, "FIT" Show, Julie Isphording, Nov 22/04
- www.valderbeebeshow.com, *For Your Reading Pleasure*, Valder Beebe, Nov 29/04
- VoiceAmerica, *Positive Living*, Patricia Raskin Dec 6/04
- KPFK FM, *Overeating and Indulging*, Lisa Gar, Dec 9/04
- KTKK, *InterView & InnerAction*, Linda Strasburg, Dec 11/04
- KPFK/NPR, *Inner Vision Show*, Nita Vallens, Dec 28/04
- KKNW, *Change For Good*, Bobbie Baxter, April 1/05
- KKNW, *Conscious Talk Radio*, May 18/05
- MIBOSO Radio, *The Many Faces of Coaching*, May 18/05
- WSRadio.com, *The Coaching Show*, Sep 7/05

Mary has also spoken on "The Power of Breath" on local TV.

Mary's books have been reviewed by...

Body and Soul Magazine, One Spirit Book of the Month and Dragonfly Media (Seattle, San Francisco, Los Angeles, Chicago & Vancouver).

Articles have been published in:

- *The Rapture of Being Alive*, The New Times (now Evergreen Monthly, Dragonfly Media)
- *Unconditioned Consciousness and the Power of Now: A Dialogue between Eckhart Tolle and Mary O'Malley*, Evergreen Monthly, Dragonfly Media
- *Healing From Our Compulsions: Learning to Kiss Our Frogs*, New Living Magazine, February, 2005
- *Trust Yourself*, New Spirit Journal – Front page

Contact Mary O'Malley

at info@maryomalley.com or 425-889 5937 to request an interview, talk or workshop.